

UKSPF

PROJECT #8

LIVING ACTIVE LIVES



AT A GLANCE

- Working with local communities, town and parish councils.
- Delivered by various organisations, coordinated by NFDC
jamie.burton@nfdc.gov.uk
- £105,545 budget

AIM

To increase levels of physical activity among young people and older adults.

ACTIVITIES

- Junior park run – a weekly run at Gang Warily Leisure Centre
- Fawley Activity Zone – a young person informal activity facility in Fawley led by the local community.
- Development of an Active Play Zone in New Milton.
- Working with youth organisations in Calmore to allow young people to engage in the development of new facilities.
- A local campaign to promote activity to older people as part of Hampshire's Live Longer Better campaign.
- A local campaign to engage female residents in the 'This Girl Can' programme.