

2019 PRICES

	Standard		Concessionary		Active		Fitness	Swim
	Adult	Junior	Adult	Junior	Senior	Teen	Direct	Direct
Swimming								
Public Swim	£5.30	£2.70	£2.65	£1.35	£2.60	£2.20	Included	Included
Inflatable Fun Time Swim	£5.30	£2.70	£2.65	£1.35	£2.60	£2.20	Included	Included
Fun Time Swim	£5.30	£2.70	£2.65	£1.35	£2.60	£2.20	Included	Included
Family Swim	£12.00	£12.00	£12.00	£12.00	£12.00	£12.00	£12.00	£12.00
Sauna and steam	£6.75	NA	£3.60	NA	£3.60	NA	Included	Included
65yrs+ Swim	£3.40	NA						
Group Fitness Classes								
30 mins	£4.60	£4.60	£3.60	£2.20	£3.60	£2.20	Included	£4.60
45 mins	£5.75	£5.75	£3.60	£2.20	£3.60	£2.20	Included	£5.75
60 mins	£7.00	£7.00	£3.60	£2.20	£3.60	£2.20	Included	£7.00
75/90 mins	£7.80	£7.80	£3.60	£2.20	£3.60	£2.20	Included	£7.80
Studio Cycling 30 mins	£4.80	£4.80	£3.60	£2.20	£3.60	£2.20	Included	£4.80
Studio Cycling 45 mins	£7.00	£7.00	£3.60	£2.20	£3.60	£2.20	Included	£7.00
Aqua Aerobics 45 mins	£5.75	£5.75	£3.60	£2.20	£3.60	£2.20	Included	Included
Aqua Aerobics 60 mins	£7.00	£7.00	£3.60	£2.20	£3.60	£2.20	Included	Included
Casual Activities								
Badminton Court peak	£10.00	£7.50	£7.50	£7.50	£10.00	£7.50	Included	£10.00
Badminton Court off peak	£7.00	£5.50	£5.50	£5.50	£7.00	£5.50	Included	£7.00
Table Tennis	£6.00	£6.00	£6.00	£6.00	£6.00	£6.00	£6.00	£6.00
Gym								
Gym sessions	£7.50	£4.00	£3.60	£2.20	£3.60	£2.20	Included	£7.50
Gym induction	£15	£15	£15	£15	Included	Included	Included	£15

Court peak times are: 5.00pm - close Monday to Friday and all day at weekends

Court off peak times are: from opening - 5.00pm Monday to Friday

Membership peak and off peak times differ from above

From 1 January 2019

**Applemore
Health and Leisure**
Claypits Lane
SO45 5TN

**Lymington
Health and Leisure**
North Street
SO41 8FZ

**New Milton
Health and Leisure**
Gore Road
BH25 6RR

**Ringwood
Health and Leisure**
Parsonage Barn Lane
BH24 1PX

**Totton
Health and Leisure**
Water Lane
SO40 3GX

GO DIRECT

health & leisure
NEW FOREST

No joining fees

Only a three month commitment

Use of all five centres

Fitness Direct

- Gym induction
- Gym use
- Fitness classes
- Swimming
- Sauna and steam
- Badminton
- Programme advice
- Bодystat testing
- Discounts on other activities

£27-£47
per month

From 1 January 2019

**JOIN
ONLINE**

Swim Direct

- Swimming
- All pool based fitness classes
- Sauna and steam

£23/£29
per month